

PROFESSIONAL DEVELOPMENT TRAINING

Find your flow, move with confidence.

AN INTRODUCTION + OUR OFFERINGS

## Introducing Zeena Khan

## Leader. Speaker. Author

Zeena Khan brings her experience in leadership, change management, and learning \& development to each workshop she delivers. Her empathetic and candid presentation style is designed to make PD fun and practical.

Zeena's family migrated from Fiji in the 1980s, and she grew up in South Auckland before relocating to Wellington. As a woman of Chinese, Fijian, and Indian descent, Zeena is passionate about creating shared understanding in an inclusive atmosphere.

In the REALIGN session, your team can explore emotions and learn how to create a positive team culture. In the Step Forward Speaking workshop, Zeena uses her experience as a former Toastmaster NZ Area Director to teach your team to deliver a speech in a supportive environment. This workshop builds your team's confidence and ability to get outside their comfort zone.

Zeena encourages your team to explore their natural leadership style through the Leadership in Motion workshop. In this session, they'll learn how to own their strengths and keep working toward their goals. Your team will leave Zeena's workshops feeling aligned with each other and empowered to stand strong in their own abilities.

## If you're a professional looking to:

- Take the next step toward your career goals
- Blast through that glass ceiling
- Get guidance \& inspiration so you can reach your full potential

OR

## If you're a manager looking to:

- Support your team to feel more aligned so they can grow together
- Help your team be more productive \& happier at work
- Provide guidance for your team on their professional journey
- Show your team how much you value them

Then investing in high quality professional development is the perfect way to do this! DRIVE workshops are designed to help you and your team learn more about yourselves and each other. This understanding equips you to own your strengths, support one another, and to keep growing.

## Need more reasons to join a DRIVE workshop? Here are just a few:

Your team can participate online or in person so you can choose what suits you
Workshops run with 6-12 participants so you get plenty of personal support while hearing different perspectives within the group.Each session is 2.5 hours, which means they pack in plenty of value without taking up a whole work day

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## Warkshops

## REALIGN

Turning your emotions into strengths

Support your team to become more connected to each other and engaged at work. This workshop is centred around a card game that encourages your team to explore their emotions.

Through open conversation, your team will build trust and empathy towards each other and themselves. They'll leave feeling more aligned with each other and motivated to be their best selves.

## IN THIS WORKSHOP, YOUR TEAM WILL:

Interactive team session to identify what is important to employees individually, unearthing the emotional culture of a team

- Identify what's important to each of them \& unearth your team's emotional culture
- Explore the importance of emotions in the workplace \& how they affect their interactions with each other
- Learn how to create strong team relationships \& a safe space for everyone to thrive


## STEP FORWARD SPEAKING

Exploring the art of public speaking

Through this workshop series (2), your team will learn the skills they need to confidently present a short speech.

The 2-hour weekly sessions are based on three key areas - Prepare, Create and Deliver. This workshop includes real-time evaluation and feedback.

## IN THIS WORKSHOP, YOUR TEAM WILL:

- Discover why public speaking makes us uncomfortable \& how to move past that discomfort
- Write a speech using techniques that keep an audience engaged
- Present a 2-3 minute speech \& receive feedback to build on their skills even further


## LEADERSHIP IN MOTION

Discovering your leadership style

Empower your team to lead in their areas of strength with this practical workshop. Through exploring personal leadership styles, participants will learn how to build on their natural leadership abilities.

Your team will leave this workshop feeling motivated to reach their potential and make a positive impact in their workplace.

## IN THIS WORKSHOP, YOUR TEAM WILL:

- Identify \& explore their personal leadership style
- Discuss the impact leadership has on a team environment \& at an organisational level
- Develop a toolkit of practical tips to help them on their leadership journey

WANT 1:1 COACHING? Zeena offers 60 min private sessions to develop your emotional intelligence, leadership, or communication skills even faster.

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LEARN MORE ABOUT HOW DRIVE CAN STRENGTHEN AND EMPOWER YOU AND YOUR TEAM, CONTACT ZEENA TODAY!
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## (®) DRIVE

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[^0]:    Take the next step in your career by registering for a DRIVE workshop today.

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